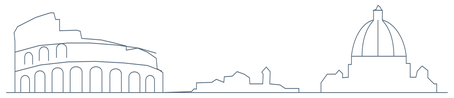
EATA RESEARCH CONFERENCE 2026

Toward Evidence-Based Transactional Analysis: Past, Present, Future



SATURDAY 12 DECEMBER 2026

DRAFT PROGRAMME

Updated 25 October 2026

Schedule and session details may be subject to change.

Time	BUILDING 1 - ADMINISTRATION BUILDING		VIRTUAL ROOM	BUILDING 2 - FSE FACULTY							
	Ground Floor			First Floor	Ground Floor		First Floor				Ground Floor
	Aula Magna - Paolo VI	Aula 2		Aula J. Vecchi	E01	E05	E12-13	E14	E15	E11	T01 - Aula Zatti
09:00 - 11:00	**PRIZE FROM ITAA & KEYNOTE SPEECH** **Joel Vos** The Evidence-basis of Transactional Analysis Psychotherapy: How We Reviewed and Extended Its Empirical Foundations Through a Comprehensive Research Programme. PRIZE from ITAA to Joel Vos: ITAARA chair Moniek Thunnissen deliver the ITAA Research Award										
11:00 - 11:30	**COFFEE BREAK**										
11:30 - 13:00	STRUCTURED DISCUSSION | 90 min **Paolillo A.R. Ella, Manuela Giago and Fabio Ricardi; Antonella Liverano and Tiziana Aceti; A.R.Ella Paolillo and Salvatore Ventriglia ; Giorgio Cristiano Cavallero, Claudia Filipponi, Eleonora Addonizio and Mario A. Procacci; Cristina Piccirillo; Irene Messina** Toward a Learning Health System in Transactional Analysis: Practice-Based Evidence and Perspectives on Personality Disorders	PANEL | 90 min **BIANCHINI SUSANNA, Carla de Nitto, Davide Ceridono** The network of CePI training clinics: a virtuous circle among theory, training, clinical practice and research, according Social-Cognitive Transactional Analysis model (SCTA)	ONLINE ACCESS Zoom channel 1 Aula Magna - Paolo VI Zoom channel 2 Aula 2	WORKSHOP | 90 min **de Nitto Carla, Susanna Bianchini** The rôle of the "present moment" and the promotion of the process of change in therapy, in the light of the model of Social-Cognitive Transactional Analysis	WORKSHOP | 90 min **Zivkovic Ales** The Use of IDTAP in the Treatment of BPD (A Case Study): Deconfusion Through Holding, Containment, Interpretation, and the Provision of the 'Real Relationship'	WORKSHOP | 90 min **De Blasio Maria Luisa, Danovaro Daniela** From Relational Needs to Tailored Clinical Intervention: Integrating Research and Practice in Integrative Psychotherapy	WORKSHOP | 90 min **Fornaro Antonella, Michela Carmignani** The ATPPAT Model: Ego States as Systems in Traumatic Functioning	WORKSHOP | 90 min **Messina Irene** Evolutionary Emotional Experience		11:30 - 12:00 ORAL PRESENTATION | 30 min **Moniek Thunnissen** Three research studies into the effectiveness of TA Psychotherapy in the Netherlands. 12:00 - 12:30 ORAL PRESENTATION | 30 min **Zuykova Nadezhda, Olga D. Tuchina, Anna Zuykova** Scientific Presence of Transactional Analysis in Russia 12:30 - 13:00 ORAL PRESENTATION | 30 min **STELLARI STEFANIA, Sara Caravelli, Vittorio Corso, Roberta Torri, Angela Sacco, Alessandra Sguera, Lucia Vallesi, Marco Antonio Zappa.** Transactional analysis in bariatric surgery: a comparative study on quality of life from pre-operative phase to 12-month follow-up	11:30 - 12:00 ORAL PRESENTATION | 30 min **Baroncini Patrizia** The treatment of somatic Symptom Disorder in IBS (Irritable Bowel Syndrome) with the use of the hot chair technique and analysis of the variations of the IRDQ-32, SSAF and ESPERO questionnaires 12:00 - 12:30 ORAL PRESENTATION | 30 min **Turlea Florenta** Transactional Analysis with Multiple Sclerosis: Clinical Interventions, Therapist Lived Experience, and a Research Roadmap 12:30 - 13:00 ORAL PRESENTATION | 30 min **Belyayeva Elina, Nataliia Shikina, Anna Zuykova, Irina Andreychenko, Iryna Burkun.** conceptualization of Attention Deficit Hyperactivity Disorder (ADHD) in terms of transactional analysis.
13:00 - 14:30	**LUNCH TIME**										
14:30 - 15:30	**PRIZE FROM EATA** **Ales Zivkovic** PRIZE from EATA to Ales Zivkovic: EATA President's Sylvia Schachner deliver the prize										
15:30 - 17:00	STRUCTURED DISCUSSION | 90 min **Paolillo A.R. Ella, Davide Ceridono, Laura Bastianelli, Maria Luisa De Blasio, Evita Cassoni, Sara Filanti, Roberta Musso, Irene Messina, Cesare Todescato, Massimo Vasale, Caterina Romaniello, Daniela Danovaro, Eva Sylvie Rossi, Chiara Scialanca, Cristina Piccirillo, Eleonora Addonizio e Mario A. Procacci.** Toward a National Practitioner Research Network in Transactional Analysis: Integrating Practice-Based Evidence and Learning Health Systems	PANEL | 90 min **Žvelc Gregor, Boštjan Bajec, Urška Otrin, Şafak Ebru Toksoy, Veronika Hanc.** Relational Needs Satisfaction: Empirical Research Using the Relational Needs Satisfaction Scale	ONLINE ACCESS Zoom channel 1 Aula Magna - Paolo VI Zoom channel 2 Aula 2	WORKSHOP | 90 min **Frazzetto Tiziana, Michela Carmignani** Adolescĕre: Plasticity, Script, and Ego States. An Integrated Perspective Between TA and Neuroscience	WORKSHOP | 90 min **TOSI MARIA TERESA, Emanuele Stanisci** REALIZING WHAT IS NEW Evolving Narratives	WORKSHOP | 90 min **Braga Alessandra, Yuliia Kvasnytsia** Sexuality, script and familial transmission: menarche as the matrix of the sexual script	WORKSHOP | 90 min **Andreini Cinzia** The Forest as Therapist: A Bottom-Up Model of Script Transformation in Transactional Analysis	WORKSHOP | 90 min **Markovic Milena** Shame in Transactional Analysis Supervision: Research-Informed Strategies for Supervisory Practice		15:30 - 16:00 ORAL PRESENTATION | 30 min **Rocco Diego, Evita Cassoni, Emanuela Lo Re** To become a psychotherapist. A research on the Motivation and result of training in Transactional Analysis Psychotherapy 16:00 - 16:30 ORAL PRESENTATION | 30 min **Gjurkovic Tatjana, Beatrijs Dijkman, Patrick Brook, Kristina Stojanovic Cehajic, Keith Tudor, Sari van Poelje** Exploring Skills in Transactional Analysis: Preliminary Research Findings 16:30 - 17:00 ORAL PRESENTATION | 30 min **Procacci Mario Augusto** Group Culture: a pilot study in didactic therapy	15:30 - 16:00 ORAL PRESENTATION | 30 min **Stanga Silvia, Maria Spinelli, Sara Giorgio, Elisa Intra, Sara Filanti, Francesco Scottà, Stefano Morena** Transactional Analysis and ADHD: The Centrality of the Therapeutic Relationship with the Child 16:00 - 16:30 ORAL PRESENTATION | 30 min **Velkova Svetlana, Bekir Sezgin** Reducing Anxiety in Children and Adolescents through Script Analysis: A Clinical Perspective 16:30 - 17:00 ORAL PRESENTATION | 30 min **Spatola Francesca** TA Treatment of Young Adults with Narcissistic Traits: An Integrated Two-Phase Model from Individual to Group Therapy
17:00 - 17:15	**TIME FOR CHANGING ROOM**										
17:15 - 18:45	PANEL | 90 min **Piccinini Mattia, Anna Emanuela Tangolo, Marcella Maria Spirito, Caterina Romaniello** Measuring Script Change: CCRT Model across Different Settings and Applications	PANEL | 90 min **Marconcini Andrea, Alessia Anello, Adele Grottoli, Maria Cotov** Psychodynamic Personality Adaptations in Transactional Analysis (APAT): a new TA diagnostic tool	ONLINE ACCESS Zoom channel 1 Aula Magna - Paolo VI Zoom channel 2 Aula 2	WORKSHOP | 90 min **Granati Orlando** The supervision of multi-professional working groups in the clinical field; an analysis of an experience of ongoing supervision of a team of public service workers for a period of 6 years.	WORKSHOP | 90 min **Mazzetti Marco** Phenomenological diagnosis in TA supervision	WORKSHOP | 90 min **Tuchina Olga, Dmitri Shustov** Changing the Script Payoff by Creating New Memories of the Future: TA Therapy of Final Scenes	WORKSHOP | 90 min **ROSSI EVA SYLVIE, ANTONELLA FORNARO** Beyond Codependence: Attachment and Transgenerational Script in Transactional Analysis	WORKSHOP | 90 min **Lopatina Natalia** Couples therapy	WORKSHOP | 90 min **Mastromarino Raffaele, Luca Mastromarino e Maria Luisa De Luca** Redecision Therapy in the light of memory reconsolidation: theory, research and practice	17:45 - 18:15 ORAL PRESENTATION | 30 min **Stojanovic Cehajic Kristina, Dunja Matic Bencic** Applying Process Model of Supervision in Phenomenological Research: Methodological Reflections from Research on Anti-Gender Movements in Croatia	17:15 - 17:45 ORAL PRESENTATION | 30 min **Fregola Cesare, Trinchero Roberto** Drivers, Relationship with Learning, and Change in Affective Sign: An Evidence-Based Transactional Analysis Contribution in Educational Contexts 17:45 - 18:15 ORAL PRESENTATION | 30 min **Krystof David, Stanislav Mokry** Student attention in the context of the educator's life position 18:15 - 18:45 ORAL PRESENTATION | 30 min **Bajec Boštjan, Gregor Žvelc, Veronika Hanc** Relational Needs Satisfaction and Employee Well Being: Links with Work Engagement, Job Satisfaction, and Burnout
18:45	**POSTER SESSION | Aula Magna - Paolo VI** Poster are exposed in the main room since the first day. Come to have a walk among posters and interact with the authors, that will be glad to introduce you in 5 minutes to their work.										
20:00	**SOCIAL DINNER**										

POSTER SESSION | 18:45 | AULA MAGNA - PAOLO VI

1. **POSTER | De Luca Maria Luisa, Daniele Guglielmi, Giuliano Grossi**
   Empirical Validation of the "Grief and Growth" Therapeutic Model: First Step for a Pilot Pre-Post Study in Perinatal Grief Psychotherapy
2. **POSTER | Mastromarino Luca**
   Redecision and Memory Reconsolidation in Transactional Analysis: a study of the outcomes and processes of Redecision Therapy
3. **POSTER | Sorella Sara, Alessio Matiz, Cristiano Crescentini**
   Mind wandering during sustained attention induces different psychophysiological patterns in experienced meditators and naïve participants: implications for Transactional Analysis
4. **POSTER | Daniela Danovaro, De Blasio Maria Luisa**
   Relational Needs Satisfaction Profiles: A Model-Based Clustering Study and Their Associations with Psychological Functioning
5. **POSTER | Waldekranz Kerstin Cecilia, Cristina Innocenti, Neus Lòpez Calatayud**
   Transactional Analyst and Mindfulness Practice: Ten Years of Experiential Pathways Useful for Practice-Based Evidence (PBE) Research.
6. **POSTER | Vasale Massimo, Baca Elzbieta, Ceridono Davide, D'Alessandris Lucio**
   Measuring injunctions and drivers in psychotherapy with the ESPERO questionnaire: a naturalistic study in the CePI training clinics network
7. **POSTER | Spatola Francesca**
   TA Treatment of Young Adults with Narcissistic Traits: An Integrated Two-Phase Model from Individual to Group Therapy
8. **POSTER | Ceridono Davide**
   The network of CePI training clinics: instruments for practice and research in time-limited psychotherapy according Social-Cognitive Transactional Analysis model

KEYNOTE / PLENARY · PANEL · STRUCTURED DISCUSSION · WORKSHOP · ORAL PRESENTATION · POSTER SESSION · BREAK / LUNCH · SOCIAL EVENT · ONLINE ACCESS · NO SESSION SCHEDULED